



HAPPENINGS

A Newsletter for Residents and Their Families

RIDGESTONE ASSISTED LIVING JULY 2022

FROM THE DIRECTOR

Welcome to the new RidgeStone Newsletter! I'm hoping to share some fun activities that will be going on, welcome new staff and residents and provide some answers to frequently asked questions. I know that COVID has thrown us for a loop so hopefully I can shed some light on the guidance we must follow.

COVID GUIDANCE

Per the CDC anytime we have ONE positive COVID case, whether staff or resident, we are in OUTBREAK status. This automatically puts us into quarantine status for 28 days (2 incubation periods). We will do initial testing on everyone and then retest 7 days later (or when symptomatic). During quarantine status the positive individuals will stay in their room/apartment until retesting or fever free with diminished symptoms for 7 days (if vaccinated, or 10 days if not). Everyone else is free to go about daily business, attend appointments, go out with family and accept visitors in room/apartment only. Please note that visitors ARE allowed during quarantine but they do accept and acknowledge the risk of exposure. All visitors should continue wearing masks regardless of quarantine status. *Continued on next page...*

Our caregivers are the backbone of RidgeStone. We appreciate them each and every day. "To care for those who once cared for us is one of the highest honors." -Tia Walker

COVID CONTINUED...

Should an outbreak occur, the easiest way to update you on any changes is through email. Please provide a current email address to the manager of your building (Emily/Gardens, Shar/Delavan and Ammie/Terrace).

WELCOME NEW RESIDENTS

We'd like to welcome Kathleen, James, Raine, Eugene, Robin, Martha and Charlotte to the Terrace; Cheryl to the Gardens and Richard and Charline to the Village. Please introduce yourself to your neighbors and make them feel welcome!

NEW MANAGEMENT POSITION AT RIDGESTONE

In April Sandy Taft accepted the newly created position as Assistant Director. Sandy has been with RidgeStone (Delavan) since September of 2003. She started as a caregiver and then more recently worked as the Activity Director. Sandy will focus on employee development and in-servicing and making sure our staff is properly trained. She has taken over some of the my daily tasks so that I can focus on some other areas. She will travel back and forth between Delavan and Elkhorn as I do. Her years of experience with RidgeStone make her a valuable asset to the management team. We're happy to have her in this new role!

A HUGE ROUND OF APPLAUSE TO MARIA LOPEZ AND ANCHOR IN.....



Maria was kind enough to bring her food truck to Ridgestone Village and feed all the residents and staff in her appreciation for the care we give her mom. The residents and staff feasted on a selection of Mexican favorites:

taco salad, tacos, nachos and of course guacamole! Thanks so much for your generosity!

JULY IS:

- NATIONAL HOT DOG MONTH
- NATIONAL ICE CREAM MONTH
- NATIONAL WATERMELON MONTH
- NATIONAL CORN MONTH
- NATIONAL GRILLING MONTH
- NATIONAL BAKED BEAN MONTH
- NATIONAL PICNIC MONTH



RESIDENT QUESTION OF THE MONTH

We want you to share your life memories with us. The July question of the month is "What is your favorite summertime memory?" Please think about this question and report your answer to your Activity Director. Check back next month to see your responses!

MY FAVORITE SUMMERTIME RECIPE

BLT Pasta Salad

2 c. pasta farfalle uncooked
3 c. Romaine lettuce chopped
 $\frac{3}{4}$ c. red onion chopped
1 cup tomatoes chopped
4 slices bacon cooked and crumbled
 $\frac{1}{4}$ c. ranch dressing
 $\frac{1}{4}$ c. plain Greek yogurt
 $\frac{1}{4}$ c. mayonnaise
1 tbsp vinegar red wine or apple cide vinegar
Salt and pepper to taste

Cook pasta according to instructions. Meanwhile, prepare the rest of the salad. In a large bowl add the tomatoes, lettuce, bacon and red onion. In a small bowl mix ranch, yogurt, mayonnaise, vinegar and pepper. Mix well. Drain the pasta and rinse with cold water. Toss the pasta with the dressing mixture until evenly coated. Serve and enjoy!

PLEASE VISIT OUR WEBSITE

WWW.RIDGESTONEVILLAGE.COM

FOR UP TO DATE NEWS, PHOTOS AND OTHER VALUABLE INFORMATION FOR ALL OF OUR LOCATIONS



RECAP OF JUNE

In Elkhorn we celebrated Father's Day with a barbecue of Johnsonville brats, potato salad, baked beans, watermelon and beer! In Delavan, Father's Day was celebrated with a delicious homemade breakfast of eggs, pancakes, bacon, sausage, fruit, danish and goodie bags for all the men! George L. celebrated his 100th birthday in Elkhorn and the residents lunched at Main Street Restaurant and had a scenic drive through Palmyra.

Delavan residents soaked up some sun on the patio while having some refreshing patriotic drinks. The picnic lunch will be rescheduled due to the blazing hot weather that prevented us from going. Delavan enjoyed some country rides around Lake Geneva and feasted on some wonderful Mexican food from the Anchor In food truck.

In July, Delavan will be celebrating the 4th with a country ride followed by ice cream. We'll be taking a day trip over to the Elkhorn building to have a "Meet your Neighbor" bingo session, along with our usual favorites: movie and popcorn, music with Bob and the Angels and more patio fun!

Elkhorn will celebrate the 4th with donuts, coffee and bingo. Don't forget to wear your patriotic colors to be entered into a raffle for prizes! Elkhorn will also hold a picnic lunch in the park and will host the Delavan residents for bingo.

There is a new Summer Breakfast Club which will be held at the Terrace every other Friday. Residents can come and help cook their own breakfast with Nicole. Residents in Elkhorn have also planted a garden of tomatoes, radishes, peppers, cucumbers, basil and chives which will eventually end up on the salad bar for dinner!

STAFF APPRECIATION DAYS

TUESDAY, JULY 12 IN DELAVAN OR
THURSDAY, JULY 14 IN ELKHORN, BUILD
YOUR OWN HOT DOG BAR!

AND

TUESDAY, JULY 26 IN DELAVAN OR
THURSDAY, JULY 28 IN ELKHORN,
BUILD YOUR OWN ICE CREAM SUNDAE



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The Gardens at RidgeStone, Elkhorn (262) 743-1082